



ZONE 4(5,6)

**Mondays to Fridays**

Ilford High Road Hainault Street	...	...	...	...	...	...	0643	0700	0715	0730	0747	0808	0828	0848	08	28	48	1408				
Gants Hill Station ↗	...	...	...	...	...	...	0652	0709	0725	0741	0759	0820	0840	0900	20	40	00	1420				
Newbury Park Station ↗	...	...	...	...	...	...	0658	0715	0731	0747	0805	0826	0846	0906	Then	26	46	06	1426			
Little Heath Barley Lane	...	...	...	...	...	...	0703	0720	0736	0752	0810	0831	0851	0911	at	31	51	11	1431			
Rose Lane Estate Harrow	...	...	...	...	...	...	0706	0723	0739	0756	0814	0835	0855	0915	these	35	55	15	1435			
Romford Market	...	...	...	0540	0600	0620	0640	0658	0717	0735	0753	0810	0829	0850	0910	0929	mins.	49	09	29	UNTIL	1449
Romford Station ↗	...	...	...	0542	0602	0622	0642	0700	0720	0738	0756	0813	0832	0853	0913	0933	past	53	13	33	1453	
Gidea Park Station ↗	...	...	...	0547	0607	0627	0647	0705	0725	0744	0803	0820	0839	0900	0920	0940	each	00	20	40	1500	
Gallows Corner	...	...	...	0551	0611	0631	0651	0710	0730	0750	0809	0826	0845	0906	0926	0946	hour	06	26	46	1506	
Harold Hill Dagnam Park Square...	...	...	...	0600	0620	0640	0700	0719	0739	0759	0819	0837	0856	0916	0936	0956	16	36	56	1516		
Harold Wood Station ↗	...	...	...	0606	0626	0646	0706	0726	0746	0806	0826	0844	0903	0923	0943	1003	23	43	03	1523		
Ilford High Road Hainault Street	...	1428	1446	1504	1522	1540	1558	1618	1638	1658	1718	1738	1758	1818	1838	1858	1918	1946	2016			
Gants Hill Station ↗	...	1440	1458	1516	1534	1554	1612	1632	1652	1712	1732	1752	1812	1831	1850	1909	1929	1955	2025			
Newbury Park Station ↗	...	1446	1504	1522	1541	1601	1620	1640	1700	1720	1740	1800	1819	1838	1856	1915	1935	2001	2031			
Little Heath Barley Lane	...	1451	1509	1527	1547	1607	1627	1647	1707	1727	1747	1807	1826	1844	1902	1920	1940	2006	2036			
Rose Lane Estate Harrow	...	1455	1513	1531	1551	1611	1631	1651	1711	1731	1751	1811	1830	1848	1906	1924	1943	2009	2039			
Romford Market	...	1509	1527	1546	1606	1627	1647	1707	1727	1747	1807	1827	1845	1903	1920	1937	1955	2021	2051			
Romford Station ↗	...	1513	1531	1550	1610	1631	1651	1711	1731	1751	1811	1830	1848	1906	1923	1940	1958	2024	2054			
Gidea Park Station ↗	...	1520	1538	1558	1618	1638	1658	1718	1738	1758	1818	1837	1855	1912	1929	1946	2004	2029	2059			
Gallows Corner	...	1526	1545	1605	1625	1645	1705	1725	1745	1805	1825	1843	1900	1917	1934	1951	2009	2034	2104			
Harold Hill Dagnam Park Square...	...	1536	1556	1616	1636	1656	1716	1736	1756	1815	1835	1852	1909	1926	1943	2000	2017	2042	2112			
Harold Wood Station ↗	...	1543	1603	1623	1643	1703	1723	1743	1803	1822	1841	1858	1915	1932	1949	2006	2023	2048	2118			

**Mondays to Fridays – continued**

Ilford High Road Hainault Street	...	2046	2116	2146	2216	2246	2320	2350	...	...	...	...	...	...	0719	0739	0757			
Gants Hill Station ↗	...	2055	2125	2155	2225	2255	2328	2358	...	...	...	...	...	...	0728	0748	0806			
Newbury Park Station ↗	...	2101	2131	2201	2301	2333	0003	...	...	...	...	...	...	...	0733	0753	0811			
Little Heath Barley Lane	...	2106	2136	2206	2236	2306	2338	0008	...	...	...	...	...	...	0738	0758	0816			
Rose Lane Estate Harrow	...	2109	2139	2209	2239	2309	2341	0011	...	...	...	...	...	...	0741	0801	0819			
Romford Market	...	2121	2151	2221	2251	2321	2352	0022	...	...	...	...	...	...	0602	0632	0702	0732	0812	0830
Romford Station ↗	...	2124	2154	2224	2254	2324	2354	0024	...	...	...	...	...	...	0604	0634	0704	0734	0814	0833
Gidea Park Station ↗	...	2129	2159	2229	2259	2329	2359	0024	...	...	...	...	...	...	0609	0639	0709	0739	0819	0838
Gallows Corner	...	2134	2204	2234	2304	2334	0004	...	...	...	...	...	...	...	0614	0644	0714	0744	0804	0843
Harold Hill Dagnam Park Square...	...	2142	2212	2242	2312	2342	0012	...	...	...	...	...	...	...	0623	0653	0723	0753	0813	0833
Harold Wood Station ↗	...	2148	2218	2248	2318	2348	0018	...	...	...	...	...	...	...	0629	0659	0729	0759	0819	0840

**Saturdays – continued**

Ilford High Road Hainault Street	...	0814	0831	0848	0907	0926	...	...	46	06	26	1546	1606	1626	1646	1706	1726	1746	1806	
Gants Hill Station ↗	...	0824	0842	0900	0920	0940	...	...	00	20	40	1600	1620	1640	1700	1720	1740	1759	1818	
Newbury Park Station ↗	...	0829	0847	0905	0926	0946	...	...	06	26	46	1606	1626	1646	1706	1726	1746	1805	1824	
Little Heath Barley Lane	...	0834	0852	0910	0931	0952	...	...	at	12	32	52	1612	1632	1652	1712	1732	1751	1810	1829
Rose Lane Estate Harrow	...	0838	0856	0915	0936	0957	...	...	these	17	37	57	1617	1637	1657	1717	1737	1756	1814	1833
Romford Market	...	0850	0909	0929	0950	1012	...	...	minutes	32	52	12	1632	1652	1712	1732	1752	1810	1827	1845
Romford Station ↗	...	0853	0912	0933	0954	1016	...	...	past	36	56	16	1636	1656	1716	1736	1755	1813	1830	1848
Gidea Park Station ↗	...	0859	0918	0939	1001	1023	...	...	each	43	03	23	1643	1703	1723	1743	1802	1820	1837	1855
Gallows Corner	...	0904	0924	0945	1007	1029	...	...	hour	49	09	29	1649	1709	1729	1749	1807	1825	1842	1900
Harold Hill Dagnam Park Square...	...	0914	0934	0955	1017	1039	...	...	...	59	19	39	1659	1719	1739	1758	1816	1833	1850	1908
Harold Wood Station ↗	...	0921	0941	1002	1024	1046	...	...	...	06	26	46	1706	1726	1746	1805	1823	1840	1857	1915

**Saturdays – continued**

Ilford High Road Hainault Street	...	1826	1851	1916	...	...	2246	2320	2350	...	...	...	...	...	0848	0918	0948	1018	1048	1118
Gants Hill Station ↗	...	1838	1901	1925	...	...	2255	2328	2358	...	...	...	...	...	0857	0927	0957	1027	1057	1127
Newbury Park Station ↗	...	1844	1907	1931	...	...	2301	2333	0003	...	...	...	...	...	0902	0932	1002	1032	1102	1133
Little Heath Barley Lane	...	1849	1912	1936	...	...	2306	2338	0008	...	...	...	...	...	0907	0937	1007	1037	1107	1138
Rose Lane Estate Harrow	...	1853	1916	1939	...	...	2309	2341	0011	...	...	...	...	...	0910	0940	1010	1040	1110	1141
Romford Market	...	1905	1928	1951	...	...	2321	2352	0022	...	...	...	...	...	0901	0921	0951	1021	1051	1121
Romford Station ↗	...	1908	1931	1954	...	...	2324	2354	0024	...	...	...	...	...	0904	0924	0954	1024	1054	1124
Gidea Park Station ↗	...	1914	1936	1959	...	...	2329	2359	...	...	...	...	...	...	0909	0929	0959	1029	1059	1120
Gallows Corner	...	1919	1941	2004	...	...	2334	0004	...	...	...	...	...	...	0913	0933	1003	1033	1103	1134
Harold Hill Dagnam Park Square...	...	1927	1949	2012	...	...	2342	0012	...	...	...	...	...	...	0921	0941	1011	1041	1112	1143
Harold Wood Station ↗	...	1934	1955	2018	...	...	2348	0017	...	...	...	...	...	...	0927	0947	1017	1047	1118	1149

**Sundays and Public Holidays – continued**

Harold Wood  
Station

Church Road

Harold Hill

Faringdon Avenue

Gallows Corner

Gidea Park Station

Romford Station

Romford Parkside Hotel

Rose Lane Estate Harrow

Little Heath Barley Lane

Newbury Park Station

Gants Hill Station

Ilford



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## Mondays to Fridays

<b>Harold Wood Station</b>	0554	0614	0634	0654	0709	0724	0739	0801	0823	0845	0907	0929	49	09	29	1349	
Harold Hill Dagnam Park Square	0600	0620	0640	0700	0715	0731	0746	0808	0830	0852	0914	0936	56	16	36	1356	
Gallows Corner	0610	0630	0650	0710	0725	0742	0758	0820	0842	0903	0925	0947	Then	07	27	47	
Gidea Park Station	0614	0634	0654	0714	0730	0748	0805	0827	0849	0910	0931	0952	at	12	32	52	
Romford Station	0559	0619	0639	0659	0719	0736	0755	0813	0835	0857	0918	0938	0959	these	19	39	59
Romford Market	0602	0622	0642	0702	0722	0739	0758	0816	0838	0900	0922	0942	1003	mins.	23	43	03
Rose Lane Estate Harrow	0612	0632	0652	0713	0734	0752	0811	0825	0851	0913	0934	0954	1015	past	35	55	15
Little Heath Barley Lane	0615	0635	0655	0717	0739	0758	0817	0835	0857	0919	0939	0959	1019	each	39	59	19
Newbury Park Station	0620	0640	0701	0723	0745	0803	0823	0842	0904	0925	0945	1005	1025	hour	45	05	25
Gants Hill Station	0625	0645	0707	0729	0751	0809	0830	0849	0911	0931	0951	1010	1030	50	10	30	1450
Ilford High Road Hainault Street	0634	0654	0716	0738	0800	0820	0841	0901	0923	0943	1002	1021	1041	01	21	41	1501

## Mondays to Fridays – continued

<b>Harold Wood Station</b>	1409	1429	1449	1509	1529	1549	1609	1629	1649	1709	1730	1751	1813	1835	1850	1910	1940	2010
Harold Hill Dagnam Park Square	1416	1436	1456	1516	1536	1556	1616	1636	1656	1716	1737	1758	1820	1842	1857	1917	1946	2016
Gallows Corner	1427	1447	1507	1527	1547	1608	1628	1648	1708	1728	1749	1809	1831	1852	1907	1927	1956	2026
Gidea Park Station	1432	1452	1512	1532	1553	1614	1634	1654	1714	1734	1755	1815	1837	1858	1913	1932	2000	2030
Romford Station	1439	1459	1519	1540	1601	1622	1642	1702	1722	1742	1803	1823	1844	1905	1919	1938	2006	2036
Romford Market	1443	1503	1523	1544	1605	1626	1646	1706	1726	1746	1806	1826	1847	1908	1928	2009	2039	2059
Rose Lane Estate Harrow	1455	1515	1535	1557	1618	1639	1659	1719	1739	1759	1819	1839	1900	1920	1951	2019	2049	2079
Little Heath Barley Lane	1459	1519	1540	1602	1623	1644	1704	1724	1744	1804	1824	1844	1905	1925	1954	2022	2052	2082
Newbury Park Station	1505	1525	1546	1608	1629	1650	1710	1730	1750	1810	1830	1850	1910	1930	1958	2026	2056	2086
Gants Hill Station	1510	1530	1551	1613	1635	1657	1717	1737	1757	1817	1836	1856	1915	1935	1965	2003	2031	2101
Ilford High Road Hainault Street	1521	1542	1603	1625	1647	1709	1729	1749	1809	1829	1848	1907	1926	1945	1975	2013	2040	2110

## Saturdays – continued

<b>Harold Wood Station</b>	2040	2110	2140	2210	2240	2310	2340											
Harold Hill Dagnam Park Square	2046	2116	2146	2216	2246	2316	2346											
Gallows Corner	2056	2126	2156	2226	2256	2326	2355											
Gidea Park Station	2100	2130	2200	2230	2300	2330	2359											
Romford Station	2106	2136	2206	2236	2306	2336	2364											
Romford Market	2109	2139	2209	2239	2309	2339	2366											
Rose Lane Estate Harrow	2119	2149	2219	2249	2319	2349	2379											
Little Heath Barley Lane	2122	2152	2222	2252	2322	2352	2382											
Newbury Park Station	2126	2156	2226	2256	2326	2356	2386											
Gants Hill Station	2131	2201	2231	2301	2331	2361	2391											
Ilford High Road Hainault Street	2140	2210	2240	2310	2340	2370	2400											

## Saturdays – continued

<b>Harold Wood Station</b>	0914	34	54	14	1534	1554	1614	1634	1654	1714	1734	1754	1814	1840	1910	1940	
Harold Hill Dagnam Park Square	0921	41	61	21	1541	1601	1621	1641	1701	1721	1741	1801	1820	1846	1916	1946	
Gallows Corner	0932	52	72	32	1552	1612	1632	1652	1712	1732	1752	1811	1830	1856	1926	1956	
Gidea Park Station	0937	57	77	37	1557	1617	1637	1657	1717	1737	1757	1816	1835	1900	1930	2000	
Romford Station	0945	05	25	45	1605	1625	1645	1705	1725	1744	1804	1823	1842	1906	1936	2006	
Romford Market	0949	09	29	49	1609	1629	1649	1709	1729	1748	1807	1826	1845	1909	1939	2009	
Rose Lane Estate Harrow	1003	23	43	03	1623	1643	1703	1723	1742	1801	1819	1837	1856	1919	1949	2019	
Little Heath Barley Lane	1008	28	48	08	1628	1648	1708	1728	1747	1805	1823	1841	1900	1922	1952	2022	
Newbury Park Station	1014	34	54	14	1634	1654	1714	1733	1752	1810	1828	1846	1904	1926	1956	2026	
Gants Hill Station	1020	40	60	20	1640	1700	1720	1739	1757	1815	1833	1851	1909	1931	2001	2031	
Ilford High Road Hainault Street	1033	53	73	33	1653	1713	1733	1751	1808	1825	1842	1900	1918	1940	2010	2040	

## Sundays and Public Holidays – continued

<b>Harold Wood Station</b>	1100	30	00	1730	1800	1830	1901	1932	02	32							
Harold Hill Dagnam Park Square	1106	36	06	1736	1806	1836	1907	1938	08	38							
Gallows Corner	1116	46	16	1746	1816	1846	1916	1947	Then	17	47						
Gidea Park Station	1120	50	20	1750	1820	1850	1920	1951	at	21	51						
Romford Station	1126	56	26	1756	1826	1856	1926	1956	these	26	56						
Romford Market	1129	59	29	1759	1829	1859	1929	1959	mins.	29	59						
Rose Lane Estate Harrow	1140	10	40	1810	1840	1909	1939	2009	past	39	09						
Little Heath Barley Lane	1143	13	43	1813	1843	1912	1942	2012	each	42	12						
Newbury Park Station	1147	17	47	1817	1847	1916	1946	2016	hour	46	16						
Gants Hill Station	1152	22	52	1822	1852	1921	1951	2021		51	21						
Ilford High Road Hainault Street	1201	31	01	1831	1901	1930	2000	2030	00	30							